

Name _____

Class _____

Date _____

1 Match the things with the sports.

- 1 ☐ swimming
- 2 ☐ mountaineering
- 3 ☐ horse racing
- 4 ☐ tennis
- 5 ☐ athletics

- a a track
- b rope
- c a net
- d water
- e a rider

5

2 Complete the sentences with the past continuous of the verbs.

- 1 Sarah _____ (not run) in the park.
- 2 I _____ (try) to tie the rope on the rock.
- 3 _____ you _____ (do) athletics last weekend?
- 4 They _____ (not go) swimming in the hotel pool.
- 5 Eric _____ (dream) of winning the marathon.

5

3 Write questions using the past continuous.

- 1 you / play football / at four o'clock?
- 2 the children / swim / when it started to rain?
- 3 Kevin / talk on the phone / when his dad came home?
- 4 your mum / watch the match / when you called?
- 5 the boys / play tennis / when they broke the window?

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4 Write answers to the questions in Exercise 3.

- 1 No / revise for the Maths test
- 2 No / windsurf
- 3 No / clean his football boots
- 4 No / read a sports magazine
- 5 No / play basketball

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5 Circle the correct words.

- 1 I was going to football practice when I was *meeting* / *met* my friend in the street.
- 2 The students *were playing* / *played* basketball when the teacher saw them.
- 3 I *was having* / *had* a great idea while I was rock-climbing.
- 4 Kate was swimming and she *wasn't hearing* / *didn't hear* the phone ring.
- 5 We weren't watching the race when you *were phoning* / *phoned* us.

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6 Rewrite the sentences with *when* or *while*.

- 1 While I was riding home on my bike, a cat crossed the road in front of me.

- 2 The lights went out when Mum was making a cake.

- 3 When Nora hurt her ankle, she was running in the park.

- 4 Were you listening when he asked you that question?

- 5 Dad was working in the kitchen when the children were sleeping.

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7 Underline and correct the mistake in each sentence.

- 1 I started running when I was seeing the bus. _____
- 2 Our team was winning the trophy in the competition last week. _____
- 3 While Karen fell off the horse, it was jumping over a fence. _____
- 4 The players was walking onto the court when the rain began. _____
- 5 George felt a pain in his leg while he swims in the lake. _____

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8 Complete the sentences with the past simple or past continuous of the verbs.

- 1 The player _____ (score) the goal while the referee _____ (look) the other way.
- 2 The cat _____ (chase) the bird across the garden when it _____ (fall) off the wall.
- 3 We _____ (go) to see if Harry was OK when he _____ (hurt) his leg.
- 4 I _____ (not have) time to do gymnastics while I _____ (learn) to ski.
- 5 _____ (you / climb) up the mountain when you _____ (see) the snake?

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9 Complete the story with the past simple or past continuous of the verbs.

Greg and Martha ¹_____ (watch) a tennis match on TV when they ²_____ (hear) a noise upstairs. They ³_____ (go) to investigate. While they ⁴_____ (go) upstairs to see what happened, their younger brother came out of his room. He said, 'The cat ⁵_____ (jump) on my desk! It hit the computer and now ... it's on the floor!'

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10 Complete the sentences with the words in the list.

unhappy | boring | winners | competitive | athletics

- 1 We felt very _____ when our team lost the match.
- 2 I'm not _____, so I don't really like doing sports.
- 3 All the _____ got a medal at the end of the marathon.
- 4 Do you enjoy doing _____ at the track?
- 5 Rob thinks golf is a _____ sport.

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TOTAL SCORE

80